

Appetisers

Ciabatta bread & stuffed olives £2.95
With olive oil & balsamic dip

Stuffed peppers & artichokes £2.95
With toasted ciabatta

Hot pickled chillies £1.95

A selection of our own pickled chillies, some hot, some really hot

Starters

Soup of The Day £4.95
Chefs range of homemade soups
Served with chunky bread

Avocado Tomato & mozzarella Salad £4.95
With a herb oil dressing (v)

Mozzarella Baked in Parma Ham £5.65
Sat on a roast pepper cous cous
with a balsamic reduction

Smoked salmon on Thai potato cake £5.95
smoked salmon on a fried potato
& chilli rostie with sweet chilli sauce

Chicken & chorizo wrap £5.45
Strips of chicken breast, chorizo & onion cooked in
a zesty paprika sauce, served with crème fraiche

Pan fried garlic mushrooms £5.15
Served on a tomato salad with balsamic dressing
& ciabatta bread

Prawn Cocktail £5.95
With Mary Rose sauce & brown bread

Stir Fry Duck Breast £5.65
Tender duck breast stir fried in hoi sin sauce
on a crispy salad with toasted sesame seeds

Asparagus & prosciutto Salad £5.65
With parmesan shavings & balsamic dressing

Coated White Bait £5.15
Served with a lemon dill mayonnaise & brown bread

Salmon, sweet potato & chilli fishcakes £5.65
Served with salad garnish & crème fraiche

All our starters can be ordered as a larger lite bite meal,
just add £2.00 to the cost of the starter

Allergy Advice

We use several products for cooking which may contain traces of nuts, if you know you
have a nut or any other allergy please inform our staff.

We also have a range of wheat & gluten free breads & pasta

Children's portions of some main meals are available at 30% reduced cost

Steaks

8oz fillet steak £15.95

Served with chunky chips, mushrooms, grilled tomato & a choice of our very own steak sauces

8oz sirloin steak £13.75

Served with chunky chips, mushrooms, grilled tomato & a choice of our very own steak sauces

8oz rump steak £10.95

Served with chunky chips, mushrooms, grilled tomato & a choice of our very own steak sauces

10oz gammon steak £9.25

Char grilled gammon with chips, fried egg & a grilled pineapple slice

Steak Sauces

Green peppercorn sauce, Roquefort cheese & horseradish sauce, Field mushroom sauce
50p charge for each steak sauce

Pub Grub

Calves liver & bacon £13.25

served with thick cut bacon, gravy
fried onions, mushrooms & a choice of potatoes

Minted lamb chops £12.50

served with rosemary mozzarella gratin potato,
grilled courgette, pepper & minted gravy

Rose Veal escallops £13.95

Tender pan fried rose veal & white sauce.
With artichoke, chorizo & pesto gnocchi

Roast pork fillet £13.25

With saffron chorizo mash & a whole grain
Mustard & balsamic sauce

Cumberland sausages £7.45

Three butchers choice sausages, With onion
gravy & a choice of mash potato or chips

Chilli con carne £7.25

A medium spice chilli with rice crème
fraiche salsa & tortilla chips

Homemade steak & Abbot Ale pie £9.75

Tender diced steak pie in homemade short crust pastry, with gravy & a choice of potatoes

Fish

Grilled tuna steak £11.95

Served on a bed of mushroom tagliatoni
with a sweet chilli sauce

Sea bass fillets £12.95

Baked sea bass, with, grilled asparagus
and a pesto sauce, with sauté potatoes

Beer battered cod & chips £8.25

Cod fillet deep fried in Abbot Ale batter,
with chips & salad garnish

Breaded Scampi £9.25

Whole tail breaded scampi with salad
garnish, tartar sauce & chips

Smoked kippers with eggs Florentine £8.50

Served on a bed of wilted spinach & new potatoes

Chicken

Chicken White Lion £10.95

A whole chicken breast cooked in a white wine mushroom & garlic sauce, served on a sun dried tomato tagliatelle

Homemade chicken curry £8.25

Chef's homemade curry with pieces of chicken breast served with rice, salad garnish & naan bread

Chicken stir fry £9.25

A whole breast of chicken, wok fried in our very own stir fry sauce, with cashew nuts served on rice

Grilled chicken breast £9.25

A whole breast of grilled chicken served with chips, salad garnish & a choice of toppings, cheese & pineapple, cheese & bacon or cheese & tomato Provencal

Rustic Italian Chicken Cacciatore £9.95

A whole chicken breast, cooked in a rich tomato sauce, with charlotte potatoes, red onion & fine diced spicy sausage

Pasta

Beef lasagne £8.25

Chef's recipe of steak mince cooked in a tomato sauce with layers of pasta & béchamel sauce topped with cheese and herbs. Served with garlic bread chips or salad

Meatballs Mozzarella £7.75

Our very own herby meatballs in tomato sauce topped with melted mozzarella served on a bed of fresh egg spaghetti

Bella Pasta £7.75

A dish of fresh egg pasta cooked to order in our very own bella sauce, or now with our tomato sauce. With homemade garlic bread & a choice of the following

Salmon & Broccoli, Tomato & Mozzarella (v), Chicken & chorizo
Bacon & mushroom or Leek & Mushroom (v)

Vegetarian

Leek & field mushroom Stroganoff £9.95

Mushrooms, leeks, pepper & onion cooked in a creamy paprika sauce served on a bed of rice with garlic bread

Vegetable stir fry £7.95

Fresh mixed vegetables, wok fried in our very own stir fry sauce, with cashew nuts served on a bed of rice

Vegetable chilli £6.95

Medium spice chilli served with rice crème Fraiche salsa & tortilla chips

Courgette, basil & rice stuffed peppers

Served with a side salad
£7.95

Burgers & Sandwiches

Homemade beef burgers £7.75
Our famous White Lion Homemade 100% steak mince burgers on an open bun with salad garnish & chips.
Choice of toppings: Bacon, mushroom, cheese, or peppercorn sauce

Double burger
Double up your burger for an extra £1.45

Chicken fillet burger £9.25
Grilled chicken breast on an open bun with lettuce mayonnaise tomato & chips

Club sandwich £9.25
A triple decker sandwich with grilled chicken breast, thick cut bacon, tomato, lettuce & mayonnaise served with chips

Side Dishes & Sauces

Bowl of chips £2.00
Bowl of chunky chips £3.00
Cheesy chips £2.95
Bowl of new potatoes £1.95
Chips n gravy £2.00

Portion of vegetables £1.00
Side salad £1.95
Garlic bread £1.95
Cheesy garlic bread £2.95
Onion rings £1.95

Peppercorn sauce £1.50
Roquefort cheese & horseradish sauce £1.50
Mushroom sauce £1.50
Bread & butter £1.50

Desserts

White chocolate cheesecake £4.50
Delicious chocolate cheesecake with a biscuit base and a choice of toppings. Banana & toffee strawberry or chocolate & honeycomb

Chocolate Fudge Brownies £4.50
Served with ice-cream

Banoffi pie £4.50
biscuit base with caramel, bananas & cream
Topped with chocolate

Apple & cinnamon crumble £4.50
Served hot with a ball of vanilla ice-cream

American sweet waffles £4.50
Toasted sweet waffle, covered with hot toffee sauce, served with ice-cream

Devil's profiteroles £4.50
A bowl of five profiteroles. covered with chocolate and toffee sauce

Sticky toffee pudding £4.50
Hot sponge pudding with toffee sauce & ice-cream

Selection ice-creams £4.50
Choice of chocolate, strawberry or vanilla

Selection of cheese & biscuits £5.65
Or with a glass of port £8.25