

Lunchtime Menu

Baguettes & Sandwiches

Our baguettes are freshly baked to order & our sandwiches come on a choice of white or brown bread. Both come with a salad garnish coleslaw & crisps

Tuna with mayonnaise	£5.75
Soft brie with tomato	£5.75
Mature cheddar cheese with pickle	£5.75
Honey roast ham with Dijon mustard	£5.95
Roast beef with gravy	£5.95
BLT bacon lettuce tomato with mayonnaise	£5.95
Cumberland sausage	£5.95
Prawn with Mary Rose sauce	£5.95
Smoked salmon & cucumber	£5.95

Starters & lite bites

starter main

Available in starter or main course size

Prawn cocktail Served with brown bread & mary Rose sauce	£5.95	£7.95
Chefs soup of the day A range of chefs homemade soups with chunky bread	£4.25	£6.50
mushroom & red wine bruschetta Mushrooms, pan fried in garlic butter with Salad, balsamic dressing & fresh bread	£4.95	£6.95
Coated white bait Served with a lemon dill mayonnaise & brown bread	£4.95	£6.95
Mussels Mariniere Mussels cooked in white wine & garlic sauce with chunky bread	£4.95	£7.25
Grilled sardine fillets With a tomato & chilli concaise	£4.75	£6.95
Stir fry duck breast Tender duck breast stir fried in hoi sin sauce on a crispy salad with toasted sesame seeds	£5.50	£7.50
Thai potato cake with smoked salmon Layered smoked salmon on a fried potato & chilli fritter with sweet chilli sauce	£5.50	£7.50

Off The Grill

8oz Fillet steak & Roquefort Sauce £15.50
Served with chunky chips, mushrooms, grilled tomato & choice of potatoes

8oz Sirloin steak & peppercorn sauce £12.95
Served with chunky chips, mushrooms, grilled tomato & choice of potatoes

8oz Rump steak £9.95
Served with chunky chips, mushrooms, grilled tomato & choice of potatoes

10oz Gammon steak £8.95
Char grilled gammon with chips, fried egg & a grilled pineapple slice

Calves Liver & Bacon £11.95
served with fried onions, mushrooms
a choice of potatoes & gravy

Grilled chicken breast £7.95
A whole breast of grilled chicken Served with chips, salad garnish & a choice of toppings, cheese & pineapple, cheese & bacon or cheese & tomato Provencal

Main Meals

Homemade steak & Abbot Ale pie £8.95
Tender diced steak pie with mash potato, fresh vegetables & gravy

Cumberland sausages £7.25
With mash potato or chips & onion gravy

Scampi & chips £8.95
Wholetail breaded scampi with salad garnish, chips & tartar sauce

Homemade beef burgers £7.50
100% steak mince burgers on an open burger bun with salad garnish & chips.
Choice of toppings:
Bacon, mushroom, cheese, or peppercorn sauce

Double burger £8.95
Double up your burger for an extra £1.45

<p>Chicken fillet burger Grilled chicken breast on an open bun with lettuce mayonnaise tomato & chips</p>	£8.95
<p>Sirloin steak sandwich 8oz steak in doorstep white bread Dijon mustard salad garnish & chips</p>	£12.95
<p>Club sandwich A triple decker sandwich with grilled chicken breast, thick cut bacon, tomato, lettuce & mayonnaise served with chips</p>	£8.95
<p>Three egg omelette Served with salad garnish chips & a choice of fillings Mushroom, bacon, ham, smoked salmon, cheese or prawn</p>	£6.95
<p>Meatballs Mozzarella Our very own herby meatballs in tomato sauce topped with melted mozzarella served on a bed of fresh spaghetti</p>	£7.50
<p>Beef lasagne Delicious lasagne with side salad & a portion of our homemade garlic bread</p>	£7.95
<p>Chilli con carne A medium spice chilli with rice crème fraiche Salsa & tortilla chips</p>	£7.10
<p>Vegetable chilli A medium spice vegetable chilli with rice, crème fraiche Salsa & tortilla chips</p>	£7.10
<p>Stir fry Chicken or vegetable A choice of beef chicken or vegetables, wok fried in our very own stir fry sauce, with cashew nuts served on a dressed salad or rice</p>	£8.95
<p>Homemade chicken curry Chefs homemade curry with pieces of chicken breast served with rice, salad garnish & naan bread</p>	£7.95
<p>Beer battered cod & chips Cod fillet deep fried in Abbot Ale batter, with chips & salad garnish</p>	£7.95

Bella pasta £6.95

A dish of fresh egg pasta cooked to order
in our very own sauce, with homemade garlic bread
& a choice of the following

Salmon & Broccoli

Tomato & Mozzarella

Chicken & chorizo

Bacon & mushroom

Leek & Mushroom

Filled jacket potato £6.50

Baked potato & salad with a choice of fillings

Tuna mayonnaise

Prawn & Mary rose,

chilli,

curry,

beans.

Coleslaw

or cheese

Dressed salads £6.50

A choice of dressed salads

Honey roast ham,

prawn & Mary Rose,

smoked salmon,

roast beef

or cheddar cheese

Ploughman's lunch £5.50

Choice of cheddar brie or stilton with chunky

bread salad & pickled onions

Childs portions of all main meals are available
at 30% reduced cost (this excludes meals of the grill
and some main meals)